**South Carolina General Assembly**

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**S. 1028**

**STATUS INFORMATION**

Senate Resolution

Sponsors: Senator McLeod

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Introduced in the Senate on February 6, 2024

Adopted by the Senate on April 16, 2024

Summary: Hima Dalal, Peace, Harmony, Wellness, and Occupational Therapy Day

**HISTORY OF LEGISLATIVE ACTIONS**

 Date Body Action Description with journal page number

 2/6/2024 Senate Introduced (Senate Journal‑page 5)

 2/6/2024 Senate Referred to Committee on **Medical Affairs** (Senate Journal‑page 5)

 2/7/2024 Scrivener's error corrected

 3/5/2024 Scrivener's error corrected

 4/16/2024 Senate Recalled from Committee on **Medical Affairs** (Senate Journal‑page 3)

 4/16/2024 Senate Adopted (Senate Journal‑page 3)

View the latest  [legislative information](https://www.scstatehouse.gov/billsearch.php?billnumbers=1028&session=125&summary=B)  at the website

**VERSIONS OF THIS BILL**

[02/06/2024](https://www.scstatehouse.gov/sess125_2023-2024/prever/1028_20240206.docx)

[02/07/2024](https://www.scstatehouse.gov/sess125_2023-2024/prever/1028_20240207.docx)

[03/05/2024](https://www.scstatehouse.gov/sess125_2023-2024/prever/1028_20240305.docx)

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Indicates New Matter

ScrIveners Error Correction

03/05/24

S. 1028

Introduced by Senator McLeod

S. Printed 03/05/24--S. [SEC 3/5/2024 9:22 AM]

Read the first time February 06, 2024

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A senate RESOLUTION

TO ENCOURAGE PUBLIC AWARENESS ABOUT THE CONTINUING BENEFITS AND VALUE OF MEDITATION, INTEGRATIVE OCCUPATIONAL THERAPY, AND SELF-CARE AND TO DECLARE April 16, 2024, AS "PEACE, HARMONY, WELLNESS, AND OCCUPATIONAL THERAPY DAY" IN SOUTH CAROLINA.

Whereas, meditation offers the opportunity for individuals to experience peace, silence, and ultimate happiness. The power of acceptance, forgiveness, and unconditional love can be found in the practice of meditation; and

Whereas, meditation can offer mental health benefits, such as improving focus and reducing stress, anxiety, and depression. It can offer physical health benefits, such as improving sleep, lessening muscle tension, and reducing chronic pain. It can offer spiritual benefits, such as creating positive energy, peace of mind, and personal awakening; and

Whereas, according to the National Alliance on Mental Health, approximately one in five adults in the U.S. experience mental illness every year; and

Whereas, Hima Dalal is an integrative occupational therapist whose passion for the last forty‑three years has been to reach as many people as possible to help them heal. She integrates her ancient eastern wisdom of complementary therapy to help heal people holistically. She believes in the power of peace, harmony, and oneness to heal and bring all different energies of the world together; and

Whereas, April is occupational therapy month and Hima Dalal is celebrating with all fellow occupational therapists of the world to bring people a meaningful and purposeful quality of life through the practice of occupational therapy. Now, therefore,

Be it resolved by the Senate:

That the members of the South Carolina Senate, by this resolution, encourage public awareness about the continuing benefits and value of meditation, integrative occupational therapy, and self‑care and declare April 16, 2024 as "Peace, Harmony, Wellness, and Occupational Therapy Day" in South Carolina.

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